



Keeping Lorry Drivers Safe

Help lorry drivers help us all during the Covid-19 pandemic

LORRY DRIVERS, IF YOU FEEL UNWELL

- A) STOP**
- B) FIND A SAFE LOCATION TO PARK YOUR VEHICLE**
- C) IMMEDIATELY INFORM YOUR COMPANY & ASK FOR INSTRUCTIONS**

General advice for drivers, delivery and collection points

- 1) Comply with the UK Government's advice on Covid-19 – see: www.gov.uk/coronavirus
- 2) Keep at least 2 metres away from others.
- 3) Touch as little as possible.
- 4) Follow the washing hands guide. If possible, ensure hand sanitiser or soap is available in the cab.
- 5) Drivers should use gloves where possible and follow guidance on how to remove them without contamination.
- 6) At both the **start** and **end** of your shift, wipe down all cab surfaces. This includes steering wheel, gearstick, dashboard, handles, any other surfaces where the virus could make contact with a person.
- 7) Ensure drivers have food and water as back-up in case of low supplies in food stores and/or motorway service areas.

Refuelling

- 8) When refuelling, use disposable or other gloves (paper towels if there are no gloves).
- 9) Wash your hands immediately after refuelling. If possible, use hand sanitiser.

Documentation

- 10) If the customer agrees, instead of signing documents, consider:
 - asking the customer to send you/your company an email confirming delivery
 - using your mobile phone to provide photographic evidence of delivery
- 11) Use your own pen to sign documentation. Do not share your pen with anyone. Ask the customer to use their own pen.
- 12) Ensure minimal contact with any piece of paper.

Please do all you can to keep yourself, your family and others safe from contact with Covid-19